



PSHE/RSE Intent, Implementation & Impact – St Catherine's Catholic Primary School

Intent

At St Catherine's Catholic Primary School, we believe that high-quality PSHE is essential in nurturing the whole child — spiritually, morally, socially, emotionally, and intellectually. Rooted in the teachings of the Catholic Church, our PSHE curriculum supports children in becoming compassionate, responsible, and active citizens of the world, guided by Gospel values and Catholic virtues. Through PSHE, children learn to recognise their God-given dignity, value themselves and others, and understand their role within the wider global and faith community. They are encouraged to reflect on their experiences, grow in faith and character, and develop the skills needed to live out their vocation with love and purpose.

Our curriculum aims to develop:

Catholic Attitudes and Virtues:

- Respect for the dignity of every human being as made in the image of God.
- Joy and gratitude for the gift of creation and their own bodies.
- Responsibility for one's actions and their impact on others.
- Recognition and celebration of their own and others' identity as children of God.
- Appreciation of lifelong love, the sanctity of marriage, and the importance of family life.
- A commitment to justice, mercy, forgiveness, and peace.

Personal and Social Skills:

- Making wise and moral choices guided by conscience and Gospel values.
- Forming loving, respectful, and stable relationships.
- Managing emotions with compassion and integrity.
- Resolving conflict peacefully and valuing diversity.
- Demonstrating humility, empathy, and resilience.
- Resisting negative influences and pressures, including those from media and peers.
- Building self-esteem and confidence rooted in their identity as beloved children of God.

Knowledge and Understanding:

- The Church's teaching on marriage, family, and human dignity.
- The importance of virtue in guiding relationships and moral living.
- The physical and emotional changes of puberty.
- The sacred role of sexual love in the context of marriage and procreation. (Parents retain the right to withdraw their child from this aspect of the curriculum.)

Implementation

We deliver a spiral PSHE curriculum that builds on prior learning and reflects the needs of our pupils, always grounded in Catholic teaching and diocesan guidance.

In Autumn Term 1, we use our bespoke school curriculum to introduce key themes and worldwide events. From Autumn Term 2 onwards, we implement the Ten Ten RSE programme, which is fully aligned with the teachings of the Catholic Church and the guidance of the Diocese of Hexham and Newcastle.

PSHE is taught weekly across all year groups, with opportunities for cross-curricular links

and responsive teaching based on pupils' needs. It is embedded in assemblies, celebration of the word, and the wider Catholic life of the school, where children's spiritual, moral, social, and cultural development is nurtured. The curriculum is structured around three core themes:

- Health and Wellbeing
- Relationships
- Living in the Wider World

Recording and Evidence:

In EYFS, PSHE is documented through floor books and continuous provision.

In Key Stages 1 and 2, children use PSHE folders and Ten Ten booklets to record their learning.

Impact

As with any learning process, assessment of pupils' moral, personal, social and emotional development is important. Assessment in PSHE education should be active and participatory, helping children to recognise the progress they are making in developing and taking part, as well as in their knowledge and understanding. Children should learn to reflect on their experiences, ask questions, make judgements about their strengths and needs, and begin to plan how to make progress and set personal targets. In St Catherine's teachers assess children's work in PSHE education by making informal judgements as they observe them during lessons and at other times during the school day. Just as in all National Curriculum subjects, opportunities for both Assessment for Learning and Assessment of Learning are built into provision. Baseline assessment, to understand pupils' prior learning, is essential to ensure new learning is relevant and progress can be assessed, which is completed at the start of each unit, then revisited at the end with a different colour. Assessment should encompass teacher, peer and self-assessment.

In PSHE education there are two broad areas for assessment:

- Children's knowledge and understanding, for example, information on health, understanding of rules, understanding of health and safety procedures, and the meaning of ideas including democracy.
- How well children can use their knowledge and understanding in developing skills and attitudes, for example through participating in discussions, group task and activities, managing conflict, making decisions and promoting positive relationships.