



ST CATHERINE'S CATHOLIC PRIMARY SCHOOL

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Dear Families

As part of our ongoing commitment to keeping children safe, we would like to take this opportunity to highlight the importance of online safety, particularly around social media use and mobile phones.

Many popular social media platforms have minimum age restrictions, typically 13 years and over. These limits are in place to help protect children from content and interactions that may not be appropriate for their age or stage of development. Even when children appear confident with technology, younger pupils often need guidance and boundaries to help keep them safe online.

We strongly encourage parents and carers to:

- Be aware of the age restrictions on social media apps and games
- Regularly check your child's mobile phone, tablet or other devices
- Talk openly with your child about what they do online and who they communicate with
- Set clear rules about app downloads, screen time and privacy settings

The NSPCC offers excellent guidance for parents and carers on keeping children safe online, including advice on social media, apps and setting parental controls. You may find the following links helpful:

- NSPCC – Online Safety Advice for Parents:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- NSPCC – Social Media and Apps:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/>
- NSPCC – Parental Controls and Privacy Settings:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

By working together at school and at home, we can help ensure that children develop safe, positive and responsible online habits.

Thank you for your continued support.

Please do not hesitate to contact the school if you have any questions or concerns.

Yours sincerely

Miss Thomas

Deputy Head Teacher



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